

# e-Poster Guidelines

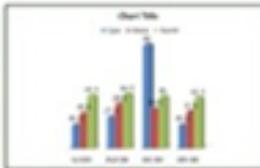
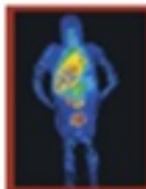
- ◆ You may use PowerPoint, which can be converted to PDF.
- ◆ e-Posters should be in one of these formats: PowerPoint, PDF, or JPG. The e-Poster consists of one page only.
- ◆ During the submission process, you will be asked to list the logical reading sequence (or sections) of your poster (Title, Introduction, Aim, Methods, Results, Conclusion, Acknowledgements, etc.).
- ◆ We will transform your poster into a high-resolution image, 4000 pixels wide.

## Information Specific to e-Posters

- ◆ Once your poster is uploaded and processed by us, you will receive a notification by email within one week to review your ePoster before the Congress.

## Poster Format

- ◆ Landscape format is highly recommended.

BACKGROUND	RESULTS																					
Copy and paste your text content here, adjusting the font size as fit.	<p><b>Table 1:-</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td> </td><td> </td><td> </td><td> </td></tr> </table>																					 <p>Copy and paste your text content here, adjusting the font size as fit.</p>
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OBJECTIVES																						
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MATERIALS & METHODS																						
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	SUMMARY	CONCLUSIONS																				
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		REFERENCES																				
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**Tips for inserting Graphs or Images**

NOTE: Use the following procedure if your graphs were created in PowerPoint, Publisher, Excel or Word.

**Image checking procedure:** After you insert the image (TI) in your resolution and insert (TI) right click on it and select Format Picture. When the picture toolbar comes up click on size and stretch the scale. The image will expand better if it width and height scale is at 20% or lower (20% or 25% or 30%). If the scale of the image is higher than 20% to be correct it will a larger size. (max 300% or 3000% image if possible). (NOTE: This should not be done by manually stretching the image to a larger size.)

If the resolution of the image is 300 dpi or higher (300 or 600 dpi), then check to make sure its width is not higher than 100%.

**To resize an image:** Click on the image, hold the shift key down and drag the bottom right corner to resize the image in proportion.

Delete the box when making your text or image. This is only a reminder!

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**Tips for Title/headers bar color**

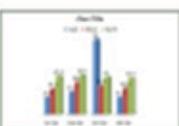
How to change the background color for the poster title and headers:

Right click on the bar and select Format Background. When the area window comes up select your color under "Fill" and then "Color" menu. Remove Effects select fill Effects under the Color section. Delete the box when making your text or image. This is only a reminder!

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**Tips for Excel Charts**

Copy and paste your text content, the chart can be embedded in TI as required. If you need to edit parts of the chart, you should use the original chart in Excel. Don't make the new chart. Delete the box when making your text or image. This is only a reminder!

<h2>Poster Title</h2> <p>Researcher, Institution Name Institute/Organization/Company</p>	<p><b>Patients &amp; Methods</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td> </td><td> </td><td> </td></tr> </table>																<p><b>Results (Cont.)</b></p>  <p>Copy and paste your text content here, adjusting the font size as fit.</p>	<p><b>Conclusion</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p>
<p><b>Background</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p>	<p><b>Results</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p>  <p>Copy and paste your text content here, adjusting the font size as fit.</p>  <p>Copy and paste your text content here, adjusting the font size as fit.</p>	<p><b>Discussion</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p>	<p><b>References</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p>															
<p><b>Aims</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p>	<p><b>Contact Information</b></p> <p>Copy and paste your text content here, adjusting the font size as fit.</p>																	

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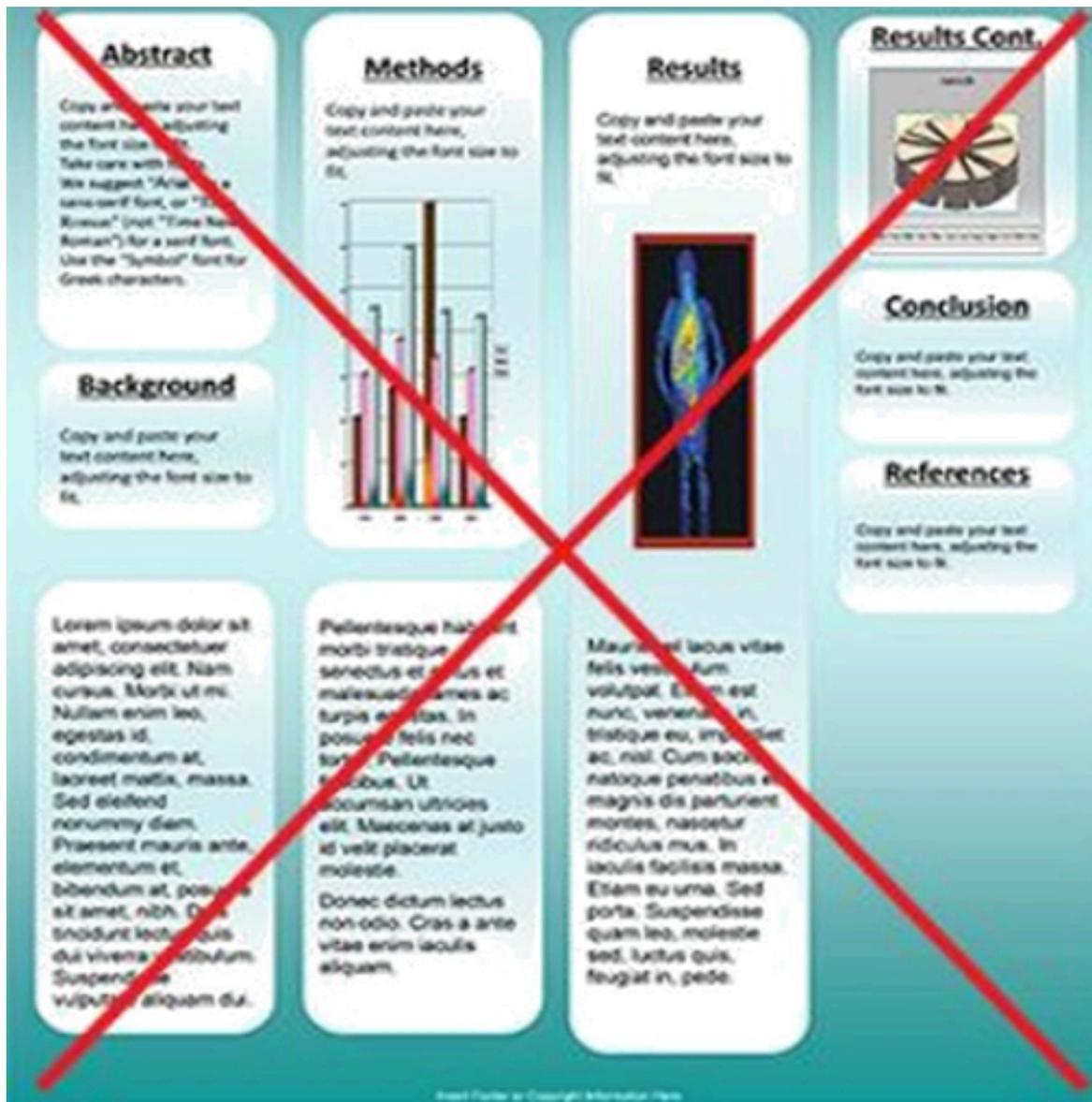
## What You Need to Know?

- ◆ Use PowerPoint or any program that can be converted to PDF.
- ◆ Uploading your ePoster will be possible in these formats: PowerPoint, PDF, or JPG.
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## ePoster Format (For best viewing experience)



# AVOID Portrait format



**EXCELLENCE HUB**  
Make sure your poster file is in full landscape format.

- ◆ It is strongly recommended to use a size of 122 cm wide x 91 cm high, with a simple and clear typeface (Arial, Arial Black, Calibri...) and regular text size not less than 28 for the body of the different sections (depending on the amount of data you will be adding and, of course, the design you are using).

- ◆ For images, pictures, or graphs, the suggested resolution is 300 dpi. To ensure they appear correctly on the final/printed version, zoom in at 100% and check the images, pictures, and graphs. It is better to use high-quality images/graphs when creating the poster and then convert it to PDF (as PDF files can be compressed).

- ◆ Provide clear labels or headings for each section of your presentation to avoid confusion.

### **Color:**

- ◆ On light backgrounds (white, yellow, light blue), use dark fonts (black, navy blue, dark green).
- ◆ On dark backgrounds (blue, purple), use light fonts (white, yellow, cyan, etc.).

### **Try to Avoid:**

- ◆ Having a total file size that exceeds 10 MB (although our system will still accept it).
- ◆ Using red or green in fonts or backgrounds, as these colors are difficult to read.
- ◆ 6 Full-width sections, as they will be very difficult to read when divided into sections, even when zoomed in.
- ◆ 6 Manually stretching images, as they will lose quality once zoomed in.

